

## **EYE / FACE CREAM that works miracles as DIAPER RASH CREAM**



### **Ingredients:**

1.5 oz coconut oil

2 pills of vitamin C (crushed) \*

3 capsules vitamin E

\* When I was making this cream the temperature in my kitchen was too warm for the coconut oil to set to its natural/hard consistency so I put it in the fridge for 5 minutes. After I took it out I'd noticed that most of the powdered vitamin C is on the bottom of the jar. I left the cream to sit on my counter for 10 minutes until it became very soft and almost melted again. After that I stirred it really good with a toothpick and put it back to the fridge for one minute. I took it out, gave a good stir and put it back to the fridge again. I repeated it for a several times.

To get rid of that problem I recommend to use liquid vitamin C.

**Directions:**

It depends on the consistency of your coconut oil. If it's the temperature of the environment is less than 76 F the oil is hard and you will have to melt it over double bath (or just put it in a warm place for a few minutes).

When melted, poke a hole in the vitamin E capsule and squeeze the content to the coconut oil. Repeat with remaining capsules. You can use more than 3.

Add vitamin C. 2 crushed pills or about 5 drops. Stir it good.

Store the cream in a fridge.

It will become hard but if you keep it in the room temperature most likely it will melt.

The best way to apply it is to use a clean knife or a clean spoon and scoop it out from the jar.

Using clean spoon or knife will, in addition, help to prevent the bacteria from our hands to get inside the cream and make it go bad

*Original recipe can be found on my blog*

*[www.momphotographer.wordpress.com](http://www.momphotographer.wordpress.com)*

*for any questions you can contact me at*

*[farfar.awe@gmail.com](mailto:farfar.awe@gmail.com)*

*or leave a comment on my blog*

*Additional note:*

*I am not a doctor and I do not have a medical or cometic education. Using this recipe you are doing it on your own risk.*